



CONSENSUS OF EXPERTS COLLEGIUM INTERNATIONALE DIABETOLOGICUM



10 - 11 NOVEMBER 2025
PLAZA HOTEL, CATANIA

SMOKING CESSATION IN TYPE 2 DIABETES AGENDA

Monday 10 November

10.00 - Introduction and objectives of the meeting – **Riccardo Polosa, University of Catania**

10.10 - Description of the methodology applied in the interactive sessions - **AIM Education Team**

10.30 - 13.00 Workshops

10.30 - **Workshop 1: Smoking prevalence in Type 2 Diabetes (T2D)**

11.00 - **Workshop 2: Smoking as a risk factor for incidence of T2D**

11.30 - **Workshop 3: Effects of smoking among people with T2D**

12.00 - **Workshop 4: Impact of cessation on macro and microvascular complications**

12.55 Closing of the first day – Riccardo Polosa

Tuesday 11 November

10.00 - Introduction to the second day – **Riccardo Polosa**

10.10 - 12.45 Workshops

10.10 - **Workshop 5: Interventions for smoking cessation in people with diabetes**

10.50 - **Workshop 6: Emerging alternative strategies for smoking cessation**

11.30 - **Workshop 7: Barriers to smoking cessation in T2D**

12.10 - **Workshop 8: Specific health issues related to smoking cessation**

12.50 - Conclusions – Riccardo Polosa & AIM Education Team



Finanziato
dall'Unione europea
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dell'Università
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COLLEGIUM INTERNATIONALE DIABETOLOGICUM



10 NOVEMBER 2025

H. 15.30 - 18.30 CET
PLAZA HOTEL, CATANIA

AGENDA

(Italian session)

15.30 - Giulio Cantone, University of Catania

Epidemiology of smoking among people with diabetes

15.50 - Davide Campagna, University of Catania

Effects of smoking among people with T2D

16.10 - Domenico Arcoria, ASP Catania - Local Health Authority

Impact of quitting on macrovascular and microvascular complications

16.30 - Rossella Cannarella, University of Catania

Endocrine implications of smoking and smoking cessation in people with diabetes

16.50 - Carlo Bellanca, University of Catania

Pharmacological Interventions for smoking cessation in people with diabetes

17.10 - Pasquale Caponnetto, University of Catania

Behavioral Interventions for smoking cessation in people with diabetes

17.30 - Riccardo Polosa, University of Catania

Emerging alternative strategies for smoking cessation

17.50 - Cristina Russo, St. Peter's Hospitals, UK

Specific health concerns when quitting smoking

18.15 - Final rooftop aperitif